



COMMUNITY LIVING  Resource Centres
Campbellford / Brighton
Inspiring Possibilities

Winter 2019



YOGA

~ ROXANNE O'DELL

Hatha Gentle Flow 10 Weeks
5:30pm – 6:30pm \$110
Thursdays – January 17 - March 21, 2019

Hatha Gentle Flow Pay as you go!
\$12 per class
4:00 pm – 5:00 pm
Thursdays - January 17 – March 21, 2019

Chair Yoga 10 Weeks
10:00am – 11:00pm \$110
Tuesdays – January 15 - March 19, 2019

CREATIVE WRITING

~ URSULA PFLUG

8 Weeks 10:00am-12:00pm \$125.00
Tuesdays – January 15 - March 5, 2019

LINE DANCING

~ MEAGHAN KING

8 weeks 2:30pm – 3:30pm \$95
Mondays – January 14 – March 11, 2019
No class February 18, 2019 (Family Day)

SMART SERVE

~ GRACE GRANT

Monday February 11, 2019 5:00pm – 9:00pm
Tuesday March 19, 2019 5:00pm – 9:00pm
Wednesday April 17, 2019 5:00pm – 9:00pm
Thursday May 16, 2019 5:00pm – 9:00pm
**each workshop \$60.00

*******NEW!!!!!!!*******

****Pet First Aid****

5 hours instruction \$90
Saturday March 9, 2019 11am-4pm
Saturday April 6, 2019 11am-4pm

****Managing Arthritic Pain in Dogs and Cats****

3 hours \$15
Friday April 5, 2019 1pm-4pm
Friday April 19, 2019 3pm-6pm

JUST FOR KIDS

~ JANET JEFFERY

Modern Jazz Dance For Kids
Ages 6-12 years
8 Weeks 6:00pm – 7:00pm \$80
Tuesdays-January 15 – March 5, 2019

Youth Choir
Ages 8-18 years
Tuesdays - ongoing 7:15pm – 8:15pm FREE
Starting January 15, 2019

THE ARTS

~ ROD BERGERON

SESSION 1

Painting Beyond Beginners 6 Weeks
9:00am – 12:00pm \$110
Tuesdays – January 15 – February 19, 2019

Drawing for Absolute Beginners 6 Weeks
1:00pm – 3:00pm \$75
Tuesdays – January 15 – February 19, 2019

SESSION 2

Drawing Beyond Beginners 6 Weeks
9:00am – 12:00pm \$110
Tuesdays – February 26 – April 2, 2019

Painting for Absolute Beginners 6 Weeks
1:00pm – 3:00pm \$75
Tuesdays – February 26 – April 2, 2019

~ Greg Maude

Watercolour Paint Nights \$45
Monday January 21, 2019 6:00pm-9:00pm
Monday March 4, 2019 6:00pm-9:00pm



Register online at
www.resourcecentres.ca
Call to register at 705-653-5161
or drop in to register:
Monday to Friday 8:30 to 4:30
65 Bridge Street East, Campbellford





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RED CROSS COURSES

Recertification 9:00 am – 4:00 pm **\$85**



Monday January 14, 2019

Tuesday February 5, 2019

Saturday February 9, 2019

Wednesday March 13, 2019

Sunday March 24, 2019

Tuesday April 2, 2019

Saturday April 6, 2019

Standard First Aid/CPR Level C 9:00 am – 4:00 pm each day **\$120**

Tuesday/Wednesday January 15 & 16, 2019

Wednesday/Thursday February 13 & 14, 2019

Saturday/Sunday February 23 & 24, 2019

Saturday/Sunday March 9 & 10, 2019

Wednesday/Thursday April 3 & 4, 2019



******Jammin' with Jane******

Will be returning! Time and date to be announced!!

10 classes \$50



DID YOU KNOW.....

When visiting the Campbellford Community Resource Centre always check in at the front desk and sign in. This is a mandatory Health and Safety requirement!

We are open Monday to Friday from 8:30-4:30

We have a new website! Visit us at www.resourcecentres.ca

You can now register online, call or drop in!

We have faxing, photocopying, scan-to-email services, rental rooms, courses and more!!

Call us for more information or to register for a course at 705-653-5161